

Tîm o Amgylch y Teulu Gwynedd



Beth mae Tîm o Amgylch y Teulu yn ei olygu?

Bydd gennych Gydlynnydd i:

- Ddod a phawb sydd yn gweithio gyda chi at ei gilydd
- Chwilio am help o'r newydd
- Creu Tîm o Amgylch y Teulu
- Creu cynllun teulu gyda'r teulu ac aelodau eraill o'r Tîm
- Cynnal cyfarfodydd teulu rheolaidd ar amser a lleoliad o'ch dewis chi

Gallwn gynnig cefnogaeth i deuluoedd gyda:

- Sgiliau rhiantu, i'ch helpu ymdopi ag ymddygiad eich plentyn neu berson ifanc
- Problemau perthynas neu wrthdaro teuluol
- Cefnogaeth a chynghor i bobl ifanc
- Iechyd meddwl - Cwnsela a gwasanaethau a rhaglenni therapiwtig eraill i bobl ifanc, rhieni a theuluoedd (anghenion ysgafn i gymedrol).
- Tai
- Cyswllt gyda'r ysgol

a llawer mwy

Rwyf ti wedi bod yn gymaint o help i gael y gwasanaethau i gyd i drafod efo'i gilydd, a chysylltu efo'i gilydd i drafod ein anghenion ni.

Diolch am yr help efo rhiantu - mae pethau wedi gwella lot efo'r ferch - tydan ni'm yn ffraeo cymaint, ac rydan ni'n gallu gwneud pethau hwyl fel coginioMae'r ferch i weld lot hapusach yn yr ysgol ac adref

I fod yn gymwys ar gyfer gwasanaeth Tîm o Amgylch y Teulu, bydd gennych nifer o bethau yn eich poeni ac eisiau cymorth i'w datrys wrth greu cynllun a thynnu asiantaethau at ei gilydd i'ch cefnogi

Os ydych eisiau trafod gwasanaethau Tîm o Amgylch y Teulu cysylltwch â'r Tîm Derbyn Cyfeiriadau Plant ar:

01758 704455

cyfeiriadauplant@gwynedd.llyw.cymru



Gwynedd Team Around the Family



What does Team Around the Family mean?

You will have a Co-ordinator who will:

- Bring everyone that works with you together
- Look for additional help
- Create a Team Around the Family
- Create a Family Plan with you and other members of the team
- Hold regular family meetings at a time and place of your choice

We can offer support to families on:

- Parenting skills, helping you to cope with your child or young person's behaviour
- Relationship problems or family conflict
- Support and advice for young people
- Mental Health- Counselling and other therapeutic programmes for young people, parents and families (mild to moderate needs)
- Housing
- Contact with the school

and much more

Thank you for your help and support, if you ever wonder whether you make a difference then you did today, I feel a lot better after your visit, many thanks again for your help'

I'm very grateful for the help I have received. It has helped myself and my children very much. You helped us so much. Supported us as a family... provided amazing help and supported us through difficult time..... service is excellent. Thank you."

To qualify for the Team Around the Family service, you will have a lot of worries and want help to resolve them by creating a plan and pulling agencies together to support you.

If you would like to discuss Team Around the Family support, contact the Gwynedd Children's Referral Team:

01758 704455

cyfeiriadauplant@gwynedd.llyw.cymru

