



Live Fear Free Helpline
0808 80 10 800

There is no doubt that the impact of coronavirus increases anxiety for individuals and families experiencing domestic abuse. Undoubtedly it is a time when risk increases, especially if the individual and families are self-isolating at home.

If you are in immediate danger, but are too scared to speak or make any noise, you can call 999 and then enter 55 when prompted- to inform the police that there is a genuine emergency happening.

Gorwel's Domestic Abuse Services 0300 111 2121

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